Richard J. White MA LPC

General Information

Please keep this for your records.

Cancellations: Continuity of treatment is crucial to the effectiveness of the services you receive. You will be charged for any scheduled appointment that you miss if you do not provide notice **at least 48 hours in advance**. Cancellation and or no show fees are $85.00 Monday appointments must be canceled by noon on the preceding Saturday.

Psychotherapy Services

Sessions: Individual therapy sessions are generally 50 minutes in duration (one "therapy hour"). Arrangements for longer sessions (e.g., 75 minutes in length or "1½ therapy hours") can be made in advance.

Fees: My hourly rate is $150.00. Payments are to be made at the time of each session.

Contact Information: If you need to contact me please e-mail me at Creativelpc@outlook.com or call (540) 328-0020. If I am unable to answer, please leave me a message and I will return your call at my earliest opportunity

Weather emergencies/cancellations: Please call me to find out if sessions are canceled are due to weather and/or environmental conditions (i.e. snow storms, hurricanes, severe thunderstorms, tornadoes, earthquakes, etc...) I follow the cancellation policies for Fredericksburg County schools. If Fredericksburg County Schools are closed, I will be closed. If Fredericksburg County school are open, I will be open. If there is any doubt, please call me at (540) 328-0020

Privacy and Ethics: I strictly adhere to the principles and standards of my profession as articulated by The American Counseling Association. The services you receive are confidential and your written permission is required for the release of any information about you. Possible exceptions, as specified by law, include: situations of clear and imminent danger to you, or situations of clear and imminent danger to another person, cases of suspected or demonstrated child or elder abuse or neglect, and in the case of a court order.

Discontinuing Service: Ending is an important part of the therapeutic process. Please discuss with me any plan or desire to discontinue therapy.

Financial Policies

Payment is expected at the time of services and may be made by cash, check, or credit card. Missed appointments that are not canceled at least 48 hours in advance will incur session charges and will be added to your account. Payment of your bill is a legal obligation.

Payment by cash: Payments may be made in cash at the time of the service. Receipts will be provided upon request.

Payment by check: Checks should be made out to Richard White and given at the time of the service. A return check fee of $35.00 will be charged for all returned checks.

Payment by insurance carriers: I currently do accept Anthem Blue Cross and Blue shield, BCBS Federal, Healthkeepers, Tricare select, Tricare Prime. Client is responsible for any deductibles or Copay's at the time of service.

For any other insurance carrier that is out of network, upon request, I will provide you with a Superbill that you can submit for insurance or Flex Spending reimbursement.

Please keep a copy of this form for future reference.